

## Mental and Social-Emotional Support Continuum

## By the end of this presentation...

- Gain an understanding of the behavioral/social emotional continuum and its connection to our SPSA.
  - School Plan for Student Achievement (SPSA)
  - Tiered system of supports
    - Parent Conference
    - Case Conference
    - Student Success Team (SST)
  - o 504/Special Education Supports
    - DIS Counseling
    - Educationally Related Social Emotional Services (ERSES)

## CVUSD Mission Statement

**In Conejo Valley Unified School District**, we believe ALL students deserve an exceptional educational experience filled with opportunity and choices...We believe in a partnership between the community, parents, students and faculty...**CVUSD** is committed to all students reaching their full potential in a supportive and academically challenging environment which includes Honors, Advanced Placement (AP) classes, an International Baccalaureate Program (IB), School-to-Career opportunities and additional support programs for English Language Learners, at-risk students, homeless, foster and students with alternative learning styles.



Newbury Park - Thousand Oaks - Westlake Village

### **School Plan for Student Achievement**

LCAP Goal #3 Provide communication and targeted outreach that informs the community of program and opportunities that support positive student outcomes

- Communicate with students, parents, and community using the weekly Viking
   Voice
- Communicate with students, parents, and community using the Redwood
   Website
- Enhance attendance at ELAC, GATE, SSC, SEDAC, AADAC, and PTSA meetings and activities
- Encouraging parents to logon to Q and monitor student progress
- Principal will send a smore newsletter twice a month to all community and school stakeholders sharing upcoming events and happenings on campus.

### **School Plan for Student**

AAP COME #49 Change the social, emotional, and physical well-being for all students through targeted actions that support positive student outcomes.

- Guiding coalition, supported by teacher leaders, will develop SEL lessons to help support the social emotional needs of all students on campus including our (SWD, SED, and EL).
- Provide opportunities for increased student engagement and further connections to the Redwood community through clubs
- Continue to support students through Community Circles, Restorative Justice Circles and positive reinforcements as opposed to punitive measures such as detentions and suspensions
- Redwood Middle School will utilized wellness counselors and mental health technician to support the well being and social emotional health of our students.
- Counselors providing Tier 2 Interventions with students including but not limited to student groups for social emotional wellness and intensive counseling sessions with our most vulnerable students.
- PBIS Guiding Coalition will support and implement a schoolwide behavior management system that supports TIER 1 and TIER 2 behavior interventions.

## What does the process look like?

Identify students that require additional support through available data (D/F list, Attendance, Behavior, and Referral)

Assess the effectiveness of those supports on an ongoing basis using data

Provide universal supports and curriculum to all students

Work with all stakeholders (parents, students, teachers, counselors, and administrators) to provide appropriate supports

Adjust the level of support as necessary to meet changing student needs

# Tier 1: Universal Supports

- Generally delivered in the classroom
- Sufficient support fo 75-90% of students
- Social-emotional supports include:
  - Second Step
  - School Counseling Push-In Lessons
  - Student led clubs
  - o Band
  - o Choir
  - Athletics (Intramural/After School)
  - ASB/Lunchtime Activities (LTA)

#### Targeted/ Intensive

FEW High-Risk students Individual Interventions (3-5%)

#### Selected

SOME At-Risk Students

Small Group & Individual Strategies

(10-25% of students)

#### Universal

**ALL Students** 

School/Class-Wide, Culturally Relevant Systems of Support with Solid Relationships

(75-90% of students)

Tier 1 Supports and Interventions

## Tier 2: Case Conference

- Supporting 10-25% of students
- Counselor, parent, student meet
- Individual Strategies
  - o "Red Card" (anxiety)
  - Counselor checks
  - Ongoing wellness counseling
  - O CRPD Mentor Program
- Small group supports
  - Lunch Bunch
  - Girls Empowerment
  - Social Skills
  - Grief
- Continued progress monitoring

### Targeted/ Intensive

FEW High-Risk students Individual Interventions (3-5%)

#### Selected

SOME At-Risk Students

Small Group & Individual Strategies

(10-25% of students)

Tier 2 Supports and Interventions

### Universal

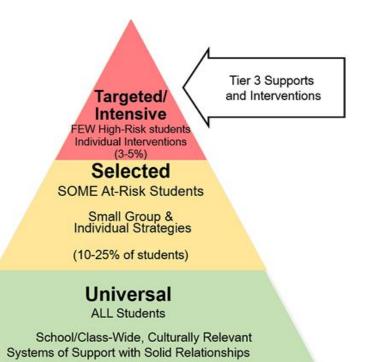
**ALL Students** 

School/Class-Wide, Culturally Relevant Systems of Support with Solid Relationships

(75-90% of students)

## Tier 3: Student Success Team (SST)

- Supporting 3-5% of students
- Parent, counselor, school psychologist, administrator, special education representative, teacher(s), student (opt.).
  - Review data
  - Evaluate progress
  - Recommend additional interventions (Breakthrough, Interface, etc.)
- Continue with:
  - o Check-ins
  - Red Card
  - Wellness counseling
  - Progress monitoring
- Possible Assessment for Special Education



(75-90% of students)

## 504/Special Education Assessment

### **504: General Education**

- An assessment to determine need
- Accommodations to support social and emotional needs
  - Wellness Counseling
  - Break Cards
  - Social Emotional/Behavioral accommodations based on need

### **IEP: Special Education**

- Cognitive/Academic/Social-Emotional
- Determine if a need exists
- Present goals
- Accommodations
- Services
  - Wellness
  - DIS Counseling
  - o ERSES
  - o Co-eds

## **Bringing It All Together**

- Communication through the Viking Voice
- PTSA supporting Red Ribbon Week, Abilities
   Awareness Week, PTSA sponsored events
- Parent LBGTO+ committee
- GATE committee/activities
- DELAC
- Principal Newsletters
- Wellness Counseling

- Student Led Clubs
- Performing Arts
- Teen Center Sports
- National Inclusion Week/Abilities Awareness
   Week
- ASB Activities
- SWAPA, Renaissance, Stellar Student
- Guiding Coalition
  - Grading for Equity
  - Positive Behavior Support
  - Social-Emotional Learning (Second-Step)